

what **TANNING LOTIONS** do for **YOU**

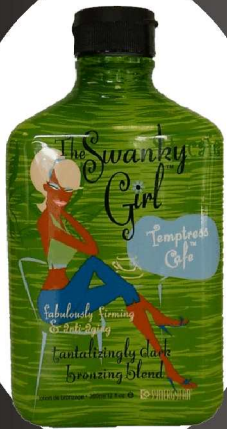


moisturizers

Moisturizers are a GREAT idea as often as possible. They can be used prior to or following a tanning session. Be careful of excessively fragrant moisturizers as they can contain alcohols that can lessen the benefits of the product.

accelerators

Accelerators are a good place to start if you haven't been using tanning products. The better lines of product feature quality vitamins and minerals, which are fantastic for your skin.



bronzers

Bronzers take your basic accelerator and add tinting oils. A common one might be walnut oil. Bronzers are not a good idea for a new tanner as they can look slightly orange on light skin, however; bronzers look fantastic against a good base tan.

tingle

Tingle products do exactly what the name suggests. They tingle, usually as a result of rubbing niacin on the skin. Niacin will cause the body to believe it is hot and rush blood past the skin. Melanin is released from the melanocyte cell located in the skin. Blood carries nutrients to the cells of our body. Increased blood flow increases nutrients to the melanocyte cell. The tingle effect usually wears off after 30 minutes to 1 hour.

why not all in one?

Oh yeah... they do that too. Moisturizer, accelerator, bronzer and tingle in one bottle? **YOU BET!**

