

SilverSneakers Fiesta!

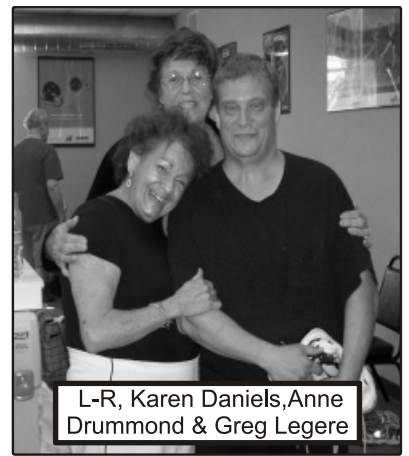
SilverSneakers members enjoyed an Open House-Fiesta Party on Friday, August 28th, from 10 am to noon. Events included a YogaStretch class followed by a Mexican-themed buffet. Stay tuned for details about an upcoming SilverSneakers karaoke party..



Front, L-R, Phyllis Boivin, Leanne Wood, Karen Daniels, Jeannine Bryant, Jane Fournier, & Elaine Doiron. Back, L-R, Dennis Stires, Jerry Ellis, Tom Roy, Don Newcomb, Paulette Newcomb, Amy Ouellette-Newman & Jasmine Castonguay



Jazzy Jasmine & Tijuana Tom



L-R, Karen Daniels, Anne Drummond & Greg Legere



Fiesta Feast!



Don loadin' up!



Feasting Foursome: L-R, Jerry Ellis, Don Newcomb, Judy Burgess & Paula Kaiser



Mariachi Mamas! L-R, Phyllis Boivin, Jane Fournier, Jeannine Bryant, Kathryn McAninch (Kathryn made the costumes!), Elaine Doiron, Leanne Wood & Karen Daniels

Fitness Stylz COMMUNITY FITNESS CENTER

FIT NEWZ

Fit Newz is a free publication of Fitness Stylz Community Fitness Center, 17 Depot Street, Livermore Falls, Maine. We invite members to submit news for our monthly issues... from an upcoming birthday to your fitness progress, or any other items of interest. Contact us with your news: FitNewz@FitnessStylz.com or 897-5978.

Leslie Bull, Editor ~ Tom Roy, Ad Design ~ Photos by Tom Roy, Jasmine Castonguay, Cathy Field, Leslie Bull & Members

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