

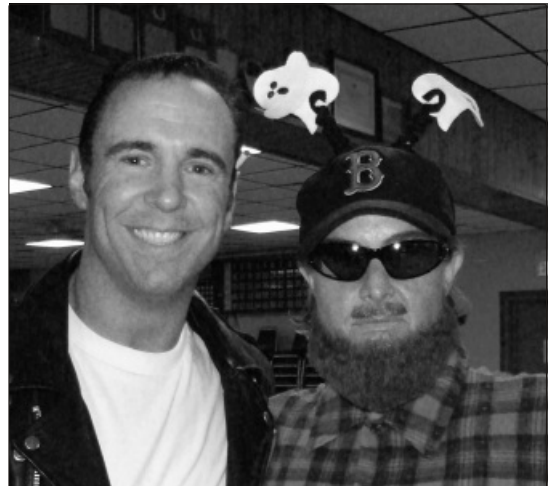
HALLOWEEN PARTY

Friday, October 30th ~ 6 pm to Midnight
At AMVETS in Jay!

The 3rd annual Fitness Stylz Halloween Party is expected to be the hottest Halloween party in all of Western Maine, so mark your calendars and start planning your costumes now! Dancing, games, costume prizes and treats await those who attend, as well as your chance to mingle and celebrate the spookiest night of the year with the rest of your Fitness Stylz family.

Music will be provided by Disco Bull DJ service, and prizes will be awarded by our very own Honey Pomerleau. Members are encouraged to bring their friends, and please feel free to bring a food item for the munchies table.

To get you into the Halloween 'spirit', here are some pictures from our parties in 2007 and 2008.



On the Inside: Meet your new instructors for **BODYPUMP & BODYFLOW** * September & October Birthdays * SilverSneakers Fiesta Social * Gym Shorts

HALLOWEEN LAUNCH! Stay tuned for the date of our next Launch in October. Launches are your first peek at the latest releases of your favorite Les Mills Programs.