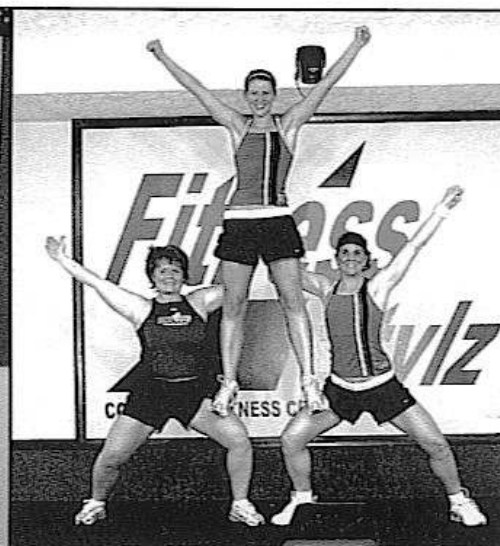


Open House and Launch: Feb 10



LAUNCHING INTO NEW LES MILLS RELEASES — These photos, from the last Fitness Stylz Launch in July, 2006 show the enthusiasm, excitement, and fun of the event. This season's Launch and Open House will feature the introduction of new music and workout routines for BODYPUMP, BODYSTEP, BODYCOMBAT, and BODYFLOW... plus a free light lunch, door prizes, and refreshments. Members who bring a friend will get a free limited edition t-shirt! LEFT: owner Tom Roy gets a boost from instructors LeeAnna Lavoie and Leslie Bull. RIGHT: Julia Parker and Stephanie Whelan form a pyramid by lending their support to Andrea Richards.

Launch and Open House Schedule of Events Saturday, February 10, 2007

All classes are free to try. Space is limited, so call 897-5978, or sign up at the front desk to ensure a spot! Members who bring a friend get a free limited-edition t-shirt!

BODYPUMP	8:00 am
BODYSTEP	9:15 am
BODYFLOW	10:30 am

Free Light Lunch

BODYPUMP	1:00
BODYCOMBAT	2:15 pm

Door Prizes and Refreshments!

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