

T-shirt winners announced

A special Launch T-shirt, designed by Tom Roy and Leslie Bull, was given as a prize to members via raffle and as an incentive for bringing a friend to the Launch. The shirt's design is made up of BODYPUMP, BODYSTEP, BODYFLOW and BODYCOMBAT smiley faces, which were inspired by BODYPUMP Launch Team 2's T-shirts. Although the shirts are a limited edition and won't be available for purchase, other program-specific T-shirts containing the smiley faces are in the works and will eventually be for sale at the front counter.

We congratulate the T-shirt winners and say a special "Thank You!" to members who brought a friend with them to the Launch. We hope you enjoy your shirts, and we look forward to see you wearing them in class and around town!

Bring a friend, Get a T-shirt Winners: Cindy Place, Christie Beliveau, Kayla Wilson, Penny Laverdier, Stephanie Freeman, Linda Chretien, Julie Lee, Nadene Tafel.

Class Raffle Winners: Jacob Shrewsbury, Sandra Chadwick, Sarah Judd, Kathy Lelerc, Linda Chretien, Trish Newcomb, Denese Hodge, James McDonald, Jeannine Lake, Erica McDonald.



MARCH BIRTHDAYS

- March 1: Mary Cadman
- March 3: Warren Bryant
- March 5: Robyn Wilcox, Martin Marchetti
- March 6: Anita Hill
- March 7: Robert Winner
- March 10: Mike Bibeau
- March 11: Donald Newcomb, Angela Wing
- March 12: Shawn Morin
- March 13: Kimberly Moreau
- March 15: Maurice Duguay
- March 17: Lisa Richards
- March 19: Debra Rosenberg
- March 21: Meredith Fast, Holden Parker
- March 23: Tammy Frost
- March 24: Honey Pomerleau
- March 25: William Biliouris
- March 27: Susan Gallant
- March 28: Bruce Benson
- March 29: Craig Hewins
- March 30: Jason Bryant
- March 31: Lorraine Ouellette

Fitness Stylz FIT NEWZ

Fit Newz is a free publication of Fitness Stylz Community Fitness Center, 17 Depot Street, Livermore Falls, Maine. We invite members to submit news for our monthly issues... from an upcoming birthday to your fitness progress, or any other items of interest. Contact Leslie with your news: FitNewz@FitnessStylz.com

KEIRAN CHIROPRACTIC, P.A.

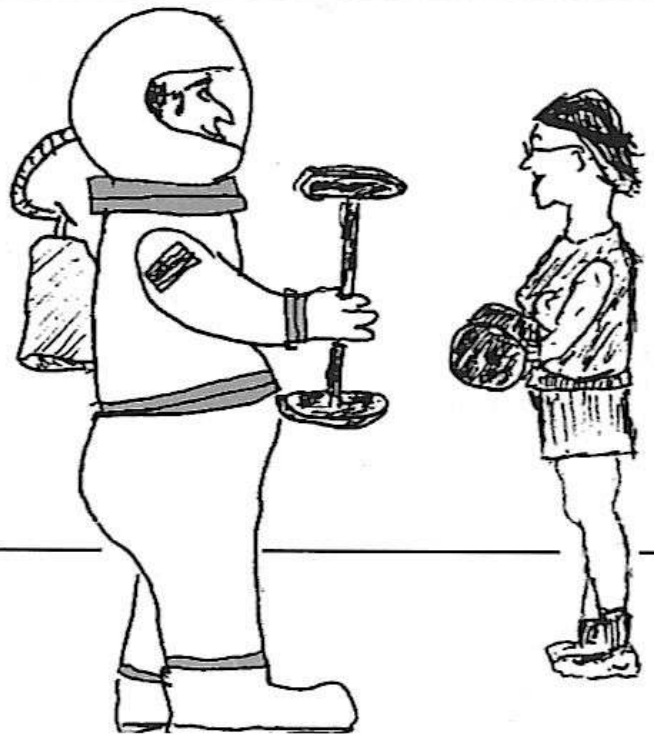
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I'm here for the LAUNCH!