



# APRIL BIRTHDAYS

- April 1<sup>st</sup> - Janet Poland
- April 2<sup>nd</sup> - Crystal Grubb, Nicole Goding
- April 3<sup>rd</sup> - Normand Rioux
- April 5<sup>th</sup> - Janet Davis
- April 9<sup>th</sup> - Jim Davis, Terrance Daigle, Jr.
- April 12<sup>th</sup> - Linda LeBlanc, April Visconti
- April 13<sup>th</sup> - Nancy Clair
- April 14<sup>th</sup> - Kerri LeBlanc
- April 16<sup>th</sup> - Joseph Paradis, Andrew Deering
- April 17<sup>th</sup> - Paul Henry
- April 18<sup>th</sup> - Zack Brochu, Kailee Newcomb
- April 19<sup>th</sup> - Arleen Govoni, Carey Kennedy
- April 20<sup>th</sup> - Tina Collins
- April 21<sup>st</sup> - Wendy Collins, Diane Berry, Crystal Ashlee
- April 22<sup>nd</sup> - Louis Chabot, Nancy Nelson
- April 23<sup>rd</sup> - Grace Eaton, Wendy Heintz
- April 24<sup>th</sup> - Anthony Rheame
- April 25<sup>th</sup> - Devan Heutz
- April 26<sup>th</sup> - Kathleen Masselli, Kayla Olsen
- April 27<sup>th</sup> - Diane Flagg
- April 28<sup>th</sup> - Lauren Breton, Nannette Caldwell
- April 29<sup>th</sup> - Tim Kachnovich

## Fitness Stylz FIT NEWZ

*Fit Newz* is a free publication of Fitness Stylz Community Fitness Center, 17 Depot Street, Livermore Falls, Maine. We invite members to submit news for our monthly issues... from an upcoming birthday to your fitness progress, or any other items of interest. Contact Leslie with your news: [FitNewz@FitnessStylz.com](mailto:FitNewz@FitnessStylz.com)

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### Gym Dandy

by Esby



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I mean, Jasmine told me they were  
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