

Photo Scrapbook



WORKING OFF COOKIES — The girls of Livermore Falls Junior Girl Scout Troop #217 (ABOVE RIGHT) recently developed and presented a free fitness class to members of the local community. The 30-minute class was held June 10, at a special open house at Fitness Stylz. The girls were assisted by Operations Manager, Jasmine Castonguay. "It was a great workout and it was a lot of fun," said Chris Guild of Livermore, who brought his sons, Brody, 7, Nicholas, 11, and their friend, Xavier Leblanc, 9. (ABOVE LEFT.)



SilverSneakers YogaStretch launch was Friday, June 15th. ABOVE: instructors Andrea Richards, Leslie Bull, and Jasmine Castonguay. RIGHT: participants in the first class.



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